

INSTRUCTIONS FOR MEDICAL EXAMINATION

The Apollo Heart Centre has been approved by the US Consulate General, Chennai to give medical examinations, immunizations and laboratory tests for immigrant visa applicants. The examination and immunizations they provide conform to the standards and terminology prescribed by the United States Public Health Service (USPHS).

You are strongly encouraged to make an appointment with a Panel physician at The Apollo Heart Centre. **You may make an appointment between 7AM and 4PM by calling: 95-5101-1666.**

**The Apollo Heart Centre
156 Greaves Road
Chennai 600 006**

If you are unable to make your appointment please cancel at least two hours prior to the appointment time. The completed medical reports which will subsequently be given to you by the panel physician must be brought to the Consulate General at the time of your visa interview.

IMPORTANT: Make sure to bring your passport and your original visa interview appointment notification to the panel physician's office at the Apollo Heart Centre. You should also bring three visa-type photos for each family member being examined, as well as complete vaccination records for each examinee.

You should expect to pay the following fees:

All applicants will be charged Rs. 1,350 for a general physical check-up and administration of vaccinations. (This fee does NOT include the actual cost of the vaccines, for which the applicant will also be charged.) In addition, each applicant 15 years-old or older will be expected to pay Rs. 1,530 for initial laboratory tests. Children under 15 years-old will be expected to pay Rs. 350 for initial laboratory tests. Laboratory fees may range up to Rs. 3350 if additional tests are required. Normally, children under 15 years of age are not required to undergo chest x-rays, blood tests, or HIV anti-body testing, but they must undergo immunizations and a general physical examination.

All fees must be paid in cash directly by you to the laboratory or the panel physician. If further tests are advised by the panel physician at the time of your medical examination, you will be expected to bear the related costs. Medical reports are valid for a period of one year from the date of your medical examination. The examination must be repeated if the report has expired or will expire prior to your entry into the United States.

Reminder: Vaccinations are costly! Be sure to bring complete vaccination records for each immigrant visa applicant when visiting the panel physician, or you risk having to pay up to Rs. 9000 or more in additional fees.

Applicants may also choose the following Panel Physicians not affiliated with the Apollo Heart Centre.

Applicants who don't choose Apollo Heart Centre panel physicians **must first** have tests performed at Lister Metropolis Laboratory. You need not schedule an appointment at Lister Metropolis Laboratory, but should allow several working days before your immigrant visa interview for any follow-up laboratory tests that must be completed. Bring the laboratory test results with you when you visit these panel physicians. Applicants must appear at the laboratory between 8:00 am and 10:30 am in order to receive

their laboratory results the same day. The physician's visit must occur after the laboratory tests and should take place at least three working days before your visa interview at the Consulate.

Lister METROPOLIS Laboratory & Research Center Pvt. Ltd.

No. 3, Jagannathan Road, Nungambakkam, Chennai 600 034

Tel: 4205-5555 **Fax:** 4233-3636 **Hours:** 7:30 to 12:00 noon, Monday through Saturday; report pick-up daily 4:30 to 5:30 pm

Physicians not affiliated with the Apollo Heart Centre:

Dr. Mathai Thomas, Best Hospital Pvt. Ltd., 9 Vellala Street, Kodambakkam, Chennai 600 024

Tel: 2483-2777, 2483-2781 **Mobile:** 98400-72444 **Hours:** 4:30 pm to 7:30 pm, Mon. – Sat.

Dr. V. Rajkumar, 1 Club Road, Behind T.B. Hospital, Chetpet, Chennai 600 031

Tel: 2836-1582 **Mobile:** 9445391958 **Hours:** 8:00 am to 12:00 noon & 4:00 pm to 7:00 pm, Mon. – Sat.

Dr. Sanjan John, 9 Dr. T.V. Naidu Road, (off Spurtank Road), Chetpet, Chennai 600 031

Tel: 2836-1519, 2836-0808 **Mobile:** 98410-86804 **Hours:** 4:30 pm to 7:30 pm, Mon. – Sat.

Dr. N. Vijayalaksmi, Padma Nursing Home, 753 Poonamalle High Road, Kilpauk, Chennai 600 010

Tel: 2641-3445, 2641-3446 **Mobile:** 98404-12063 **Hours:** 10:00 am to 6:00 pm, Mon. – Sat.

You should expect to pay the following fees with the non Apollo affiliated physicians:

Each applicant 15 years-old or older will be charged Rs. 800 for a general physical check-up and administration of vaccinations. (This fee does NOT include the actual cost of the vaccines, for which the applicant will also be charged.) In addition, each applicant 15 years-old or older will be expected to pay Rs. 920 for initial laboratory tests. Laboratory fees may range up to Rs. 3350 if additional tests are required. Applicants less than 15 years-old will be charged Rs. 600 for a general physical check-up and administration of vaccinations. (This fee does NOT include the actual cost of the vaccines, for which the applicant will also be charged.) All fees must be paid in cash directly by you to the laboratory or the panel physician. If further tests are advised by the panel physician at the time of your medical examination, you will be expected to bear the related costs. Normally, children under 15 years of age are not required to undergo chest x-rays, blood tests, or HIV anti-body testing, but they must undergo immunizations and a general physical examination.

Applicants who cannot travel to Chennai may visit the following Physician and Laboratory in Hyderabad.

Vijaya Diagnostic Center: This facility is the Panel Physician's approved center for conducting blood tests and taking x-rays. You must make an appointment with Dr. Rajkumar Songa prior to arrival at the center. Please allow at least two weeks before your scheduled Immigrant Visa interview appointment for the tests to be completed and sent to the U.S. Consulate General in Chennai.

Vijaya Diagnostic Center, #3-6-16 & 17, Street #19, Himayath Nagar, Hyderabad – 500 029

Physical Examination by Panel Physician: Make your own arrangements for examination by Dr. Rajkumar Songa, the Panel Physician, at DrRajKSongaUS@gmail.com